

Truckee, California — May 16, 2009

DOLLAMUR
SPORT SURFACES

Revolution Athletics & The Tahoe Open Present



NO-GI

Northern California Brazilian Jiu-Jitsu Championships

Sponsored by-



KIKSKIN



REVOLUTION ATHLETICS
Training Center
www.revolutionathleticstahoe.com

SATURDAY, MAY 16TH

ALDER CREEK MIDDLE SCHOOL

DIVISIONS FOR MEN, WOMEN, AND KIDS

TWO MATCHES GUARANTEED

\$40 KIDS/\$60 ADULTS EARLY REGISTRATION BY APRIL 19TH

\$50 KIDS/\$75 ADULTS REGISTRATION THROUGH MAY 12TH

MEDALS FOR 1ST, 2ND, AND 3RD

GUARANTEED RASHGUARD W/ BELT RANK FOR ALLCOMPETITORS REGISTERED BY APRIL 19TH

530-587-3226 FOR MORE DETAILS



www.bjjtruckeetahoe.com





The Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
and the Tahoe Open present

NORTHERN CALIFORNIA NO GI BRAZILIAN JIU-JITSU CHAMPIONSHIPS

The Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe and the Tahoe Open present, the "NORTHERN CALIFORNIA NO GI BRAZILIAN JIU-JITSU CHAMPIONSHIPS", scheduled for MAY 16th, 2009. Medals will be awarded for the first through third place in all divisions for men, women, and kids. Championship awards will be given for men and women's Absolute Divisions.

Our sponsors continue to grow as we make this an event to be remembered. You can look forward to the availability of Coffee and Muffins in the morning, a Massage Booth, On The Mat Booth, Face Painting Booth, and a Drink and Snack Booth. We will be raffling off prizes ranging from local products to kimonos, grappling shorts, rash guards and more!

Also available are local hotel and restaurant discounts, so plan on staying the weekend and enjoying Truckee/Lake Tahoe, one of the world's finest vacation destinations.

To insure that the tournament runs smoothly, we strongly recommend that all competitors and coaches arrive at the tournament ONE HOUR PRIOR to the start of their schedule. The Tahoe Open tournament will begin promptly at 10:00 am with an opening ceremony. In addition to awards, all competitors will receive a free Northern California No Gi Brazilian Jiu-Jitsu Championships rash guard. Both spectators and competitors will be entered into the raffle to win prizes. Raffle tickets will be distributed upon entry and you must be present to win.

We expect over 300 athletes as well as spectators, family and friends, to be part of this exciting tournament. It is our goal to make this a smooth running, family friendly celebration of sportsmanship among friends.

Please do not hesitate to contact us with any questions at (530) 587-3226 or visit our website for more information at www.bjjtruckeetahoe.com.

We look forward to seeing you on the mat!

Sincerely,

Marc H-Cramer

Kelly H-Cramer

Instructors Marc & Kelly Hassell-Cramer
Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
11430 # 4B Deerfield Dr.
Truckee, CA 96162
(530) 550-8974
cramer@bjjtruckeetahoe.com
www.bjjtruckeetahoe.com

TOURNAMENT INFORMATION

Registration Deadline May 12th midnight. Your registration and payment MUST be received in our office by NO later than May 12th. If you are not registering on line, please note that we must receive your registration by May 12th, please allow time for the mail to get to us.
We are ONLY accepting registration with payments. **NO EXCEPTIONS!**

1. The competition is open to Men, Women, and Children of all age groups and belt levels, from white to black belts in the following divisions:

Kids (4 to 15 years old) White, Gray, Yellow, Orange, and Green Belts

Junior (16 and 17 years old) White and Blue Belts

Women (18 years and older) White, Blue, Purple, Brown, and Black Belts

Adults (18 to 29 years old) White, Blue, Purple, Brown, and Black Belts

Masters (30 to 39 years old) White, Blue, Purple, Brown, and Black Belts

Seniors I (40 to 49 years old) White, Blue, Purple, Brown, and Black Belts

Seniors II (50 years and older) White, Blue, Purple, Brown, and Black Belts

2. The **Early Registration Deadline** for Adult competitors is Sunday, April 19th, 2009 by Midnight, for which Adults will be charged \$60.00 and children/juniors \$40.00. On April 20th, 2009 the fee goes up to \$75.00 for adults and \$50.00 for children/juniors. The payments MUST be done at the SAME time of registration, and we have to receive your online registration or your mail in registration forms and payment NO later than April 19th, 2009 by Midnight.

3. Each competitor will be allowed to register in **ONE WEIGHT DIVISION ONLY**. Due to the logistics problems arising from scheduling (often the adults, masters and seniors get called at the same time).

Fees are as follows:

Spectator Children: 5 years old and under: FREE Admission

Spectator Children and Adults: 6 years and older: Admission Tickets \$5.00

Early Kids/jrs: \$40.00 (4-15 years old)(16/17 years old) by April 19th, 2009—Midnight (Early Registration)

Kids: \$50.00 (4 to 15 years old)

Juniors: \$50.00 (16 and 17 years old)

Early Adults: \$60.00 (18 years and older) by April 19th, 2009—Midnight (Early Registration)

Adults: \$75.00 (18 years and older)

Adult & Absolute: \$90.00 (18 years and older)

Absolute Only: \$70.00 (18 years and older)

Registration Deadline: May 12th, 2009 by Midnight. **NO EXCEPTIONS!**

4. Each competitor must have a separate Individual Registration Confirmation. Without a signed waiver of liability and/or registration confirmation, you will not be allowed to compete. Registration fees are non-refundable. **NO EXCEPTIONS!**

5. You can register **ON-LINE** @ www.bjjtruceetahoe.com, **IN PERSON** or by **MAIL!**

If you register on-line please retain a copy of your registration confirmation for admission.

Registration by MAIL: Make sure it is POSTED no later than May 1st. The Competitor MUST mail in an "Individual Competitor Registration Form", "Signed Waiver" and the "Registration Fee" at the same time.

NO EXCEPTIONS!

Send completed Individual Competitor Registration Forms and Payment to:

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe

P.O. Box 10416

Truckee, CA 96162

(530) 587-3226

For more information: Visit us at www.bjjtruceetahoe.com or by email at cramer@bjjtruceetahoe.com

QUICK CHECK IN: (Fast Way) Day before the tournament / Friday, May 15th, 2009

Competitors have the option of picking up the required "Competitor's Package" (Event Entry Tickets, Match Queuing Card, Tournament rash guard & Goodie Bag) the day before the tournament if they wish. This will allow them to bypass the normal line for the competitors at the check-in table the day of the tournament and enter directly into the tournament site without waiting in line.

You can pick up the competitor's package the day before the tournament at:

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
11430 Deerfield Dr. #B4
Truckee, Ca 96161

Time: 3:00pm to 8:00pm

PRIZES:

- All Competitors will receive One Tournament Rash Guard & Goodie Bag.
- All Athletes, in first, second & third place, will be awarded gold, silver & bronze medals respectively.
- All Absolute Winners will be awarded championship awards.
- All Athletes will be entered in a raffle to win prizes.

REFEREES:

A referee should always respect fair play. He should see that all competitors display their techniques to the best of their ability. It is not enough for a referee to mechanically conduct a match. He must exert his best efforts in each match to conduct the match smoothly and professionally so that the results can be satisfactory to all parties. A referee must always do his best make a just decision and accept the full responsibility for that decision. A referee must be impartial and non-bias to all competitors, and never favoring one competitor over another.

COACHING CORNER:

ATTENTION: A Coach MUST submit an "Individual Coach Registration Form" to receive a coaching pass. We **WILL NOT** have registration after May 12th, 2009 or during the tournament!
Only Coach's will be allowed in the coaching corner and they must show a coaching pass to access this area. A chair will be placed on two corners of the mat for coaches – one for each competitor's coach. The coach must remain seated, and moving the chair from its predetermined location is NOT allowed. Coaches must obey the referee's commands at all times. Failure to follow these rules may result in PENALTY of the COMPETITOR being coached!

Just to remind everyone, 3 penalties will result in disqualification. Any complaints regarding referees should be directed to the "Chief Referee" AFTER THE MATCH.

The following activities from a coach may result in a penalty:

- * Arguing with the referee.
- * Failure to remain seated in chair at all times.
- * Moving of Coach's chair.
- * Unsportsmanlike-like conduct by coaches may result in competitor disqualification.

NOTE: Please download and mail or fax the Coaches/Instructor Registration Form no later than May 12th, 2009.

Mail To:

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
P.O .Box 10416
Truckee, Ca. 96162

Fax To:

(530) 550-8974

For more information: Visit us at www.bjjtruckeetahoe.com or by email at cramer@bjjtruckeetahoe.com

COMPETITION SCHEDULES/FORMAT:

The tournament will begin promptly at 10:00am with an opening ceremony. To insure the tournament runs smoothly we strongly recommend that all competitors and instructors **MUST** be at the Tournament **ONE HOUR PRIOR** to the start of their schedule.

NOTE: All competitors must present a valid identification at the time of weigh-in.

MATCH QUEUING CARD:

Kids 15 years old and under	All belts and weight classes	Begins at 10:00am
White Belt – Juniors 16 and 17 years old	Male and Female	Begins at 10:00am
Blue Belt – Juniors 16 and 17 years old	Male and Female	Begins at 10:00am
White Belt (Novice) – Adults, Masters, and Seniors I & II (Less than 6 mo. training)	Male and Female	Begins at 1:00pm
White Belt (Regular) – Adults, Masters, and Seniors I & II (6 mo. or more training)	Male and Female	Begins at 1:00pm
Blue Belt – Adults, Masters, and Seniors I & II	Male and Female	Begins at 1:00pm
Purple Belt – Adults, Masters, and Seniors I & II	Male and Female	Begins at 1:00pm
Brown Belt – Adults, Masters, and Seniors I & II	Male and Female	Begins at 1:00pm
Black Belt – Adults, Masters, and Seniors I & II	Male and Female	Begins at 4:00pm
Absolute Division – Adults, Masters, and Seniors I & II	Adults Only – All Belts	Begins at 4:00pm

The Lake Tahoe Open Tournament will be using a single elimination system. However, all competitors will be provided the opportunity to compete in additional matches for runner up positions. After you pass the check-in table you will receive a Match Queuing Card with your name, mat number to report to, and match number for your first fight. Once a division starts, it will run on the same mat until it's finished. Competitors must stay near the mat until they are either eliminated or the division is completed.

UNIFORM:

Be aware that **ALL COMPETITORS** must weigh in Saturday morning immediately following check in. Make sure you are in the correct division. All competitors must wear the provided rash guard and black grappling shorts with no pockets.

CHILDREN: Age 4 to 15 years old. ALL KIDS must WEIGH-IN.

Children's brackets are based on weight division, age, and belt rank and will be Double Elimination. (Kids Only) Children's divisions are subject to last minute adjustments to ensure fairness due to size, age, etc.

JUNIORS: Age 16-17 years old. The brackets are based on weight division and belt rank and will be Single Elimination. However, all competitors will be provided the opportunity to compete in additional matches for runner up positions.

WOMEN: The brackets are based on weight division, belt rank and will be Single Elimination

All Women's Black and Brown Belts, all weights, will be together, unless numbers warrant more brackets. However, all competitors will be provided the opportunity to compete in additional matches for runner up positions.

MEN: The brackets are based on weight division, belt rank and will be Single Elimination. However, all competitors will be provided the opportunity to compete in additional matches for runner up positions.

BLACK BELTS: (Only Two Divisions) Single Elimination

"Men's" - Light Weight Division (181 lbs. & under), and Heavy Weight Division (181.1 lbs. & Over).

ABSOLUTE: (Only Two Divisions) Single Elimination

Only Two Divisions for Men - Light Weight Division (181 lbs. & under), and Heavy Weight Division (181.1 lbs. & Over)

Only Two Division for Women - Light Weight Division (141 lbs. & Under), and Heavy Weight Division (141.1 lbs. & Over)

White Belts will compete against other White Belts, Blue Belts compete against Blue Belts, etc...

Remember, the Absolute Division is for **Adults Competitors Only!**

If you have any questions, please feel free to contact us at **(530) 587-3226** or by email at **cramer@bjjtruckeetahoe.com**

SCORING SYSTEM:

In order to receive the points the competitor must have control of your opponent for 3 seconds. Once you have the opponent controlled you will receive points. It is very important that the competitors keep an eye on the score board and the time so that the competitors can keep track of the fight. Sudden Death overtime is 2 minutes for White, Blue, and Purple Belts, and 3 minutes for Brown and Black Belts. During the Sudden Death overtime, the fighter to score the FIRST POINT of any type is declared the immediate winner and the match is over. If no score is made by either fighter during the Sudden Death Overtime, then the referee will then determine and declare the winner of the match.

- THROWS AND TAKEDOWNS - - - - - 2 points
- KNEE ON THE STOMACH - - - - - 2 points
- SWEEP & REVERSE FROM THE GUARD - - - - - 2 points
- PASSING THE GUARD - - - - - 3 points
- FRONT MOUNT POSITION - - - - - 4 points
- BACK MOUNT POSITION - - - - - 4 points

TAP-OUT – END OF MATCH. The competitor is declared the immediate winner.

** SUDDEN DEATH applies if score is tied at the end of match (see above for Sudden Death definition)

** This rule applies to all junior and adult male and female divisions, and belt ranks in the tournament.

MATCH DURATIONS:

<p>Children 5 to 9 years old - All Belts - 3 minutes 10 to 15 years old - All Belts - 4 minutes</p> <p>Junior – Male & Female (16 & 17 years old) White & Blue Belt.....5 minutes</p>	<p>Master – Male & Female (30 to 39 years old) White Belt.....5 minutes Blue Belt.....6 minutes Purple Belt.....6 minutes Brown Belt.....6 minutes Black Belt.....6 minutes</p>
<p>Adult – Male & Female (18 to 29 years old) White Belt.....5 minutes Blue Belt.....6 minutes Purple Belt.....7 minutes Brown Belt.....8 minutes Black Belt.....10minutes</p>	<p>Senior 1 – Male & Female (40 to 49 years old) Senior 2 – Male & Female (50 years & older) White Belt.....4 minutes Blue Belt.....5 minutes Purple Belt.....5 minutes Brown Belt.....5 minutes Black Belt.....5 minutes</p>

LEGAL TECHNIQUES:

- All arm bars, shoulder locks, straight foot locks, and wrist locks.
- All carotid artery chokes (Except on wind pipe).
- Straight leg and ankle locks for Purple Belts and over.
- Bicep-Locks ONLY for Brown and Black Belts.

ILLEGAL TECHNIQUES: (Penalties will apply to include possible disqualification!)

- CHILDREN: From 4 to 15 years old Guillotine, Ezequiel choke, and/or any choke that involves the spine.
- NO Bicep- Locks for Purple Belts and under.
- NO Heel Hooks or Twisting Bent Knee Locks of any kind.
- NO Striking of any kind.
- NO Slamming of any kind (From the Guard, Takedowns, etc...).
- NO Biting, Hair pulling or Eye-Gouging.
- NO Small Joint Manipulation (Fingers, Toes, etc...).
- NO Knee Bars for Purple Belt and under.
- NO Pressure points.
- NO Straight leg and ankle locks for Blue Belts and under.
- NO Neck Cranks.
- NO Hands, Knee or Elbows in the face.
- NO Stalling / Running from the fight.
- NO Swearing or other obscene gestures will be tolerated

If you have any questions, please feel free to contact us at **(530) 587-3226** or by email at cramer@bjjtruckeetahoe.com

WEIGHT DIVISIONS:

Be aware that **ALL COMPETITORS** must show up at weigh-in the day of the event. Make sure you are in the correct division. All kids must weigh in!

NOTE: All competitors must bring valid ID to weigh in, EXCEPT Children

**Weight Division for "CHILDREN"
Age Category "4 to 15 years old "**

Up to 37 lbs.	92.1lbs. – 100 lbs.
37.1 lbs. – 44 lbs	100.1lbs. – 108 lbs.
44.1 lbs. – 50 lbs	108.1lbs. – 116 lbs.
50.1 lbs. – 56 lbs	116.1lbs. – 127 lbs.
56.1 lbs. – 63 lbs	127.1lbs. – 141 lbs.
63.1 lbs. – 70 lbs.	141.1lbs. – 154 lbs.
70.1 lbs. – 77lbs.	154.1lbs. – 167 lbs.
77.1 lbs. – 85lbs.	167.1lbs. – 181 lbs.
85.1 lbs. – 92lbs.	181.1lbs. & Over

**Weight Division for "JUNIORS"
Age Category "16 and 17 years old "**

Rooster	Up to 116 lbs
Super Feather	116.1 lbs. – 127 lbs.
Feather	127.1 lbs. – 141 lbs.
Light	141.1 lbs. – 154 lbs.
Middle	154.1 lbs. – 167 lbs.
Light Heavy	167.1 lbs. – 181 lbs.
Heavy	181.1 lbs. – 194 lbs.
Super Heavy	194.1 lbs. – 208 lbs.
Unlimited	208.1 lbs. & Over

**Weight Division for "WOMEN" (Adults)
Category "18 years and older "**

Rooster	Up to 116 lbs.
Super Feather	116.1 lbs. – 127 lbs.
Feather	127.1 lbs. – 141 lbs.
Light	141.1 lbs. – 154 lbs.
Middle	154.1 lbs. – 167 lbs.
Light Heavy	167.1 lbs. – 181 lbs.
Heavy	181.1 lbs. – 194 lbs.
Super Heavy	194.1 lbs. – 208 lbs.
Unlimited	208.1 lbs. & Over

**Weight Division for "Men" (Adults).
Age Category "18 years and older**

Rooster	Up to 127lbs.
Super Feather	127.1 lbs. – 141 lbs.
Feather	141.1 lbs. – 154 lbs
Light	154.1 lbs. – 167 lbs.
Middle	167.1 lbs. – 181 lbs.
Light Heavy	181.1 lbs. – 194 lbs.
Heavy	194.1 lbs. – 208 lbs.
Super Heavy	208.1 lbs. – 221 lbs.
Unlimited	221.1 lbs. & Over

Weight Division for "Absolute Women" - Age "18 years and older "

Light Weight	141.0 lbs. & Under	Heavy Weight	141.1 lbs & Over
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Weight Division for "Black Belts & Absolute " (Men) - Age "18 years and older

Light Weight	181.0 lbs. & Under	Heavy Weight	181.1 lbs & Over
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WEIGH-INS TIME AND LOCATION:

Competitors, please note that weigh-ins will be conducted on the day of the tournament and on the mat before competitor's first match. Remember! make sure you are in the correct division. Competitors who do not make their weight division will automatically be disqualified. You **MUST** bring a valid form of identification at the time of weigh-in. Each competitor must have a separate Individual Registration Confirmation. Without a proof of registration, you will not be allowed to compete. **NO EXCEPTIONS!**

REGULATION INFORMATION:

1. All competitors must wear the provided rash guard and black grappling shorts with no outside pockets.
2. Weigh-ins will be conducted on the day of the tournament. Remember! check the weight list and make sure you are in the correct division.
3. Any competitor who displays unsportsmanlike conduct before, during, or after the match, will be immediately disqualified and forfeit the registration fee.
4. It is the competitor's responsibility to find out when his/her match will take place.
5. Any competitor, who does not show up before his/her match, will automatically forfeit the match and registration.
6. Any competitor who deliberately tries to hurt an opponent, (including slamming them while in the guard) will be disqualified.
7. Any competitor running from a fight will be docked one penalty. If the behavior continues, he or she may be disqualified.
8. Any competitor attempting to escape a submission by going out-of-bounds will be disqualified.
9. This tournament will follow the official rules of the International Federation of Brazilian Jiu-Jitsu (IBJJF). The rules are designed to protect competitors and improve the level of Jiu-Jitsu competitions.
10. We reserve the right to combine weight categories. In this way we will ensure that everyone who registers gets at least one match at the tournament.
11. The athletes will not be allowed to apply traumatic holds; only competition sport Jiu-Jitsu holds will be permitted.
12. The Competitor Package will be distributed at the QUICK CHECK-IN (FAST WAY) the day before the tournament if they wish, or at the CHECK-IN TABLE the day of the tournament, it contains the following:
 - Tickets for entry into the event (without which no one, not even competitors, will be admitted).
 - One Tournament rash guard/ Misc. Goodies, Coupons, etc.
 - Match Queuing Card (this card will have your name, mat number to report to, and match number for your first match).
 - Without your Match Queuing Card you will not be allowed in the competition area.
 - One Raffle ticket. We will be giving away great prizes totaling over **\$1,500 in a raffle** open to competitors and spectators. We have great prizes for Kids, Women, and Men!
13. Competition Scoring System:
 - THROWS AND TAKEDOWNS ----- 2 points
 - KNEE ON THE STOMACH ----- 2 points
 - SWEEP & REVERSE FROM THE GUARD ----- 2 points
 - PASSING THE GUARD ----- 3 points
 - FRONT MOUNT POSITION -----4 points
 - BACK MOUNT POSITION -----4 points
 - TAP-OUT – END OF MATCH. The competitor is declared the immediate winner.
 - ** SUDDEN DEATH applies if score is tied at the end of match.** This rule applies to all junior and adult male and female divisions, and belt ranks in the tournament.
14. All competitors **MUST** bring a valid form of identification at the time of weigh-in.
15. Only Coach's will be allowed in the coaching corner and they must show a coaching pass to access this area. A Coach must submit an " Individual Coach Registration Form" to receive a coaching pass. A chair will be placed on two corners of the mat for coaches – one for each competitor's coach. The coach must remain seated, and moving the chair from its predetermined location is NOT allowed. Coaches must obey the referee's commands at all times. Failure to follow these rules may result in PENALTY of the COMPETITOR being coached! Just to remind everyone, 3 penalties will result in disqualification. Any complaints regarding referees should be directed to the "Chief Referee" AFTER THE MATCH. The following activities from a coach may result in a penalty:
 - * Arguing with the referee. * Failure to remain seated in chair at all times.
 - * Moving of Coach's chair. * Unsportsmanlike-like conduct by coaches may result in competitor disqualification.
16. This information may be amended or changed at any time.

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
"LAKE TAHOE OPEN" TOURNAMENT
INDIVIDUAL "COMPETITOR" REGISTRATION FORM

School: _____ (_____) _____
Academy's Name Academy's Phone #

Name: _____
First Name Last Name

Address: _____ (_____) (_____) (_____) _____
Street City State Zip Code

Telephone: (_____) _____ - _____ Date of Birth: _____ / _____ / _____
Month / Date / Year

Email Address: _____

Emergency Contact: _____ (_____) _____ - _____
Name Phone #

GENDER: MALE / FEMALE

AGE CATEGORY: (Circle one)

Kids (4 to 15 years old) / Juniors (16 & 17 years old) / Women (18 years & Older)
Adults (18 to 29 yrs old) / Masters (30 to 39 yrs old) / Seniors1 (40 to 49 yrs old) / Seniors 2 (50 yrs & Older)

WEIGHT CATEGORY:

Weight: _____ Lbs.
Weight Division: _____

BELT RANK: (Circle one)

White Belt / Yellow Belt / Orange Belt / Green Belt / Blue Belt / Purple Belt / Brown Belt / Black Belt

I _____, understand that by entering this competition I will be
(Printed Competitor's Full Name)
competing at my own risk and agree that the Charles Gracie Jiu-Jitsu Academy of Truckee/Tahoe— Lake Tahoe Open, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them by any third party as a direct or indirect result of my participation in the participation in any activity directly or indirectly associated with the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe—Lake Tahoe Open Tournament are not responsible or liable for any injuries or damages sustained during this competition or as result thereof.

X _____ / _____ / _____
Signature (Parent or guardian if under 18) Month / Date / Year

NOTE: The Registration Deadline for competitors is Monday May 12th, 2008 by Midnight. All registration forms, liability waivers and fees must be in by the deadline, NO EXCEPTIONS. Kids \$50 All other Competitors \$75, Absolute Additional

Mail To:
Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
P.O. Box 10416
Truckee, Ca. 96162

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
"LAKE TAHOE OPEN TOURNAMENT"
INDIVIDUAL "COMPETITOR" RELEASE AND WAIVER OF LIABILITY
THIS DOCUMENT MAY AFFECT YOUR LEGAL RIGHTS!
PLEASE READ THE ENTIRE DOCUMENT CAREFULLY BEFORE ACCEPTING THE TERMS.

I hereby wish to participate in the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe Lake Tahoe Open. In consideration of the competition, I hereby freely and knowingly accept and agree to the following terms and conditions:

1. Assumption of Risk: I understand that Jiu-Jitsu is a hazardous activity that involves inherent risks of serious physical injury. With full knowledge of risks involved in Jiu-Jitsu, I expressly assume all the risks of harm to myself arising from the participation in the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe - Lake Tahoe Open Tournament.

2. Release of Claims and Waiver of Liability: I hereby expressly and for all times, on behalf of myself, my heirs, successors and assigns, executors and personal representatives release and agree to hold harmless the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe including, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them from any claim, demand or cause of action at law or equity from any injury to me that arises or might have arisen from my participation in the competition associated directly or indirectly with the Charles Gracie Brazilian Jiu-Jitsu - Lake Tahoe Open Tournament.

3. Indemnification: I hereby agree to indemnify and hold harmless the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe - Lake Tahoe Open Tournament from any claim, demand or cause of action at law or equity, including, but not limited to, any claim of personal injury, that may be asserted against the Charles Gracie Jiu-Jitsu Academy of Truckee/Tahoe, including the Lake Tahoe Open Tournament, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them by any third party as a direct or indirect result of my participation in any activity directly or indirectly associated with the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe - Lake Tahoe Open Tournament.

4. Definition: As used in this agreement, the terms "Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe - Lake Tahoe Open Tournament" include Charles Gracie, the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them.

5. Media Release: I further understand that tickets will be sold to spectators to watch the tournament; that news media and others might cover the tournament and that it may also be videotaped or otherwise shown to audiences around the world. I hereby consent to having my likeness shown, publicized, commented and/or reported on; and I do not expect to, and in fact waive any compensation I might otherwise be entitled to as a result thereof.

I HAVE READ THIS ENTIRE DOCUMENT. I UNDERSTAND AND AGREE TO ITS TERMS. _____ (INITIALS)

Printed Name: _____
Competitor's Full Name

Signed: _____ Dated: _____/_____/_____
Competitor's Signature Month / Date / Year

I, _____, hereby certify that I am Parent or legal guardian of the above named minor; that I have read and understood every provision of this release; and that I am legally competent to and freely enter into this waiver, release and assumption of risk agreement on behalf of the minor and myself.

Signed: _____ Dated: _____/_____/_____
Parent or Legal Guardian (If competitor is under the age of 18) Month / Date / Year

NOTE: The Registration Deadline for competitors is Monday, May 12th, 2008 by Midnight. All registration forms, liability waivers and fees must be in by the deadline, NO EXCEPTIONS. Kids \$50 All other Competitors \$75, Absolute Additional

Mail To:
Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
P.O. Box 10416
Truckee, Ca. 96162

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
"LAKE TAHOE OPEN" TOURNAMENT
INDIVIDUAL "COACH / INSTRUCTOR" REGISTRATION FORM

School: _____ (_____) _____
Academy's Name Academy's Phone #

Name: _____
First Name Last Name

Academy's Address: _____

(_____) (_____) (_____) Telephone: (_____) _____
City State Zip Code

Date of Birth: ____/____/____ Email Address: _____
Month Date Year

Emergency Contact: _____ (_____) _____ - _____
Name Phone #

GENDER: (Circle one)
MALE / FEMALE

BELT RANK: (Circle one) Coaches/Instructors MUST be Brown, or Black Belt only!
Brown Belt / Black Belt

I _____, understand that by entering this
(Printed Coach's or Instructor's Full Name)
competition I will be coaching at my own risk and agree that the Charles Gracie Jiu-Jitsu Academy of Truckee/Tahoe—
Lake Tahoe Open, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee,
member, representative, owner or director of any or all of them by any third party as a direct or indirect result of my
participation in the participation in any activity directly or indirectly associated with the Charles Gracie Brazilian Jiu-Jitsu
Academy of Truckee/Tahoe—Lake Tahoe Open Tournament are not responsible or liable for any injuries or damages
sustained during this competition or as result thereof.

X _____ / ____ / ____
Coaches or Instructor's Signature Month Date Year

**Signature on this form is mandatory. If not signed, you will NOT be permitted to get your coaching pass.
** NOTE: ALL Coaches / Instructors will be required to show VALID PHOTO ID upon receiving pass.

We have to receive the Coach/Instructor application form NO later than May 12th, 2009.
NO EXCEPTIONS!

Mail To:
Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
P.O. Box 10416
Truckee, Ca. 96162

Or Fax To: (530) 550-8974
AND BRING ORIGINALS TO TOURNAMENT

Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe
INDIVIDUAL "COACH / INSTRUCTOR" RELEASE AND WAIVER OF LIABILITY
THIS DOCUMENT MAY AFFECT YOUR LEGAL RIGHTS.
PLEASE READ THE ENTIRE DOCUMENT CAREFULLY BEFORE SIGNING IT.

I, _____, wish to participate in the Lake Tahoe Open Jiu-Jitsu
Tournament.
(Printed Coach's Full Name)

In consideration of the competition, I hereby freely and knowingly accept and agree to the following terms and conditions:

1. Assumption of Risk: I understand that Jiu-Jitsu is a hazardous activity that involves inherent risks of serious physical injury. With full knowledge of risks involved in Jiu-Jitsu, I expressly assume all the risks of harm to myself arising from the participation in the Lake Tahoe Open Jiu-Jitsu Competition.

2. Release of Claims and Waiver of Liability: I hereby expressly and for all times, on behalf of myself, my heirs, successors and assigns, executors and personal representatives release and agree to hold harmless Charles Gracie including, the Charles Gracie Jiu-Jitsu Academy of Truckee/Tahoe, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them from any claim, demand or cause of action at law or equity from any injury to me that arises or might have arisen from my participation in the competition associated directly or indirectly with the Lake Tahoe Open Jiu-Jitsu Tournament.

3. Indemnification: I hereby agree to indemnify and hold harmless Lake Tahoe Open Tournament from any claim, demand or cause of action at law or equity, including, but not limited to, any claim of personal injury, that may be asserted against Charles Gracie including the Charles Gracie Jiu-Jitsu Academy of Truckee/Tahoe, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them by any third party as a direct or indirect result of my participation in the participation in any activity directly or indirectly associated with the Lake Tahoe Open Jiu-Jitsu Tournament.

4. Definition: As used in this agreement, the terms "Lake Tahoe Open Tournament" include the Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee/Tahoe, the Charles Gracie Jiu-Jitsu Association, and any heir, successor, assign, executor, employee, member, representative, owner or director of any or all of them.

5. I further understand that tickets will be sold to spectators to watch the tournament; that news media and others might cover the tournament and that it may also be videotaped or otherwise shown to audiences around the world. I hereby consent to having my likeness shown, publicized, commented and/or reported on; and I do not expect to, and in fact waive any compensation I might otherwise be entitled to as a result thereof.

I HAVE READ THIS ENTIRE DOCUMENT. I UNDERSTAND AND AGREE TO ITS TERMS. _____
(INITIALS)

Printed Name: _____
Coach's / Instructor's Full Name

Signed: _____ Dated: ____/____/____
Coach's / Instructor's Signature Month Date Year

* Signature on this form is mandatory. If not signed, you will NOT be permitted to get your coaching pass.

** NOTE: ALL Coaches / Instructors will be required to show VALID PHOTO ID upon receiving pass.

We have to receive the Coach/Instructor Liability Waiver form NO later than May 12th, 2009.

NO EXCEPTIONS!

HOTEL & LODGING INFORMATION

Everything in Truckee is centrally located and within a 10 mile radius.

HOTELS:

Inn at Truckee
11506 Deerfield Dr.
Truckee, CA 96161
PHONE: (530) 587-8888
FAX: (530) 587-1568
[E-mail](#)
www.innattruckee.com

Best Western Truckee Tahoe Inn
11331 Brockway Rd.
Truckee, CA 96161
PHONE: (530) 587-4525
FAX: (530) 587-8173
[E-mail](#)
www.bestwesterntahoe.com

Holiday Inn Express
10527 Coldstream Rd.
Truckee, CA 96161
PHONE: (530) 582-9999
FAX: (530) 582-9996
www.hiexpresstruckee.com

Squaw Valley Lodge
201 Squaw Peak Rd.
Olympic Valley, CA 96146
PHONE: (530) 583-5500
FAX: (530) 583-0326
[E-mail](#)
www.squawvalleylodge.com

Resort at Squaw Creek
400 Squaw Creek Rd.
Olympic Valley, CA 96146
PHONE: (800)327-3353
FAX: (530) 581-5407
[E-mail](#)
www.squawcreek.com

RENTALS:

**Truckee Mountain Vacation
Rentals**
Rich Lewis
12716 Northwoods Blvd., #6
Truckee, CA 96161
PHONE: (530) 587-5509
FAX: (530) 587-5214
[E-mail](#)
www.tmvr.com

If you are unable to secure lodging in Truckee, Reno is only a 1/2 hour away.